



Assessment Date: ____/____/____	Student: _____	Examiner: _____
Words Read Correctly (WRC): _____	Errors: _____	Notes: _____

Should the school canteen sell lollies, chips and soft drinks?

How many primary students do you know who would choose an apple over a packet of Smiths chips and a coca cola? Exactly! This is why it would be highly irresponsible for school canteens to sell lollies, chips and soft drinks. Schools should actively promote healthy eating and say “No” to the selling of lollies, chips and soft drinks in their canteens.	14 30 42 55 62
For a start, students need to eat healthy food at school if they are to learn well. Fresh fruit, vegetables and healthy sandwiches will be good for their bodies and brains which will have the result of keeping their attention and concentration up in the afternoons which will be good for their learning. This might actually mean they have less homework to do as they will manage to finish their work in class.	79 91 103 116 130 135
Secondly, lollies, chips and soft drinks contain very little nutrition and are full of sugar and fat which lead to obesity, dental problems and all sorts of other health problems such as diabetes. Schools teach kids to live healthy lives and a good diet is an important part of that. For that reason, schools should set the example by encouraging kids to make healthy food choices and not promote junk food by making it a tempting choice at the canteen. Indeed, easy availability of such junk foods could easily turn “sometimes” foods into “everyday” foods with dire results.	149 163 176 192 204 217 228 233



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